

New hospital visiting guidance: Effective from 20 July 2020

Cwm Taf Morgannwg University Health Board wants to ensure the continued health and safety of patients, visitors, those who use our services and our staff during this time.

Please consider the following if you're visiting our sites

- You are welcome to organise a 'virtual visit' with your loved one via our hospital devices. Please contact the ward to arrange.
- All visits are subject to the approval from the clinician/nurse in charge and arrangements may differ in different departments. Please check first or you will be turned away.
- Visitors will need to adhere to social distancing (2 meters apart) as well as hand hygiene and infection control precautions on arriving and leaving the ward/department.
- Visiting will need to be pre-booked with wards in advance to ensure social distancing measures and restrictions are adhered to.
- The wearing of a face mask is encouraged, especially if the visitor has underlying health needs. Those who are shielding are strongly discouraged from visiting, a medical mask must be worn if visiting is essential.
- As far as possible visiting will be permitted outside the ward area, please contact the ward for more information.
- Visitors **should not** have any symptoms of COVID-19 or be recovering from COVID-19 or been knowingly exposed to someone with COVID-19 in the past 14 days. This is very important to prevent spread into the hospital.
- We would recommend that anyone attending any outpatient appointment or A&E attendance at our sites comes alone, however we recognise that support may be required and 1 adult accompanying the patient will be allowed, subject to the above considerations.

Visiting Rules within non-COVID-19 areas and services:

One parent/carer at the bedside at a time for paediatric inpatients and neonates

Any children may visit a parent/carer or sibling but must be accompanied by one adult and observe social distancing and hand hygiene requirements.

A birthing partner for women in labour, preferably from the same household or part of an extended household*.

In general, one visitor at a time for a patient with mental health needs, learning disability, cognitive impairment and/or specific care and well-being needs whom would benefit from support as agreed with the ward manager.

Patients who are in the last days of their life – there can be up to two visitors at a time, for a specified amount of time, from the same household or part of an extended household.

All permitted visitors must adhere to hand hygiene and infection control precautions on arriving and leaving the area

Visiting Rules within COVID-19 confirmed and possible infection areas (assessment areas):

Visitors must be aware of the risks of COVID transmission and advised of infection control measures in place including the use of any PPE required during their visit.

End of life COVID-19 patients may receive visitors during their last days of life, if permission is sought in advance from the ward manager. This may be up to two visitors, one at the bedside at a time, for a specified amount of time, preferably from the same household or part of an extended household.

Visitors with underlying health conditions and those who are shielding should be aware of significant risk to themselves.

In general, one visitor at a time for a patient with mental health needs, learning disability, cognitive impairment and/or specific care and well-being needs whom would benefit from support as agreed with the ward manager.

Patients who are in the last days of their life – there can be up to two visitors at a time, for a specified amount of time, from the same household or part of an extended household.

All permitted visitors must adhere to hand hygiene and infection control precautions on arriving and leaving the area.

*Extended households are where two separate households have joined together and have the same freedoms as people living in individual households such as meeting indoors and close physical contact.