

**How  
can I be  
healthier?**

**Where  
do I get  
support?**

**Where  
should I go if  
I'm ill?**

**How are  
decisions  
made?**



Pop along and join us for a coffee and find out about:

- The future of out of hospital care and the award winning 'Stay Well @Home Service'.
- Get an update on our latest plans to change Paediatric, Obstetric and Neonate services.
- Did you know Bridgend is joining Cwm Taf? Find out what this means to you and your local community.

Join us at the  
**Cynon Valley  
Public Forum**

28 November 2018  
9.30am to 11.15am

Exercise Room  
Michael Sobell Sports Centre  
The Ynys  
Aberdare, CF44 7RP



**GIG**  
CYMRU  
**NHS**  
WALES

Bwrdd Iechyd Prifysgol  
Cwm Taf  
University Health Board

For more information visit [cwmtaf.wales](http://cwmtaf.wales) or contact Sharon Jeynes on 01443 744839.